



Booking is essential for all events.

Please call 07821 260 158

or email: projects@bannmainewest.co.uk

Breakfast is held in the

Wild Duck Inn - Main Street Portglenone

Breakfast Club is from 10.30am - 12.30pm

Cost £3 Trip £12

Any queries contact:

Bann Maine West Community Cluster

T: 07821 260 158 E: projects@bannmainewest.co.uk

c/o The Hub Giftshop

86 Main Street, Cullybackey, BT42 1BW



Mens Breakfast Club

**FOR RURAL, OLDER MEN
LIVING IN THE BANNSIDE AREA**



EVENT CALENDAR 2026/2027

www.bannmainewest.co.uk | Charity No.:100828



Mens Breakfast Club

WILD DUCK INN - Main Street Portglenone
Breakfast Club is from 10.30am - 12.30pm

APRIL	15 th April 2026	Bannside Pharmacy - Kick Start into Spring
MAY	20 th May 2026	MEAAP - Help and Services
JUNE	17 th June 2026	Cancer NI - Stronger for Longer Wellness
JULY	31 st July 2026	Summer Trip
AUGUST	19 th August 2026	RNID - Looking after your Hearing
SEPTEMBER	16 th September 2026	Stephen O'Hara - Folklore and Stories
OCTOBER	21 st October 2026	NI Screens - NI Famous People
NOVEMBER	18 th November 2026	Consumer Council - Know your Rights
DECEMBER	9 th December 2026	Winter Trip
JANUARY	20 th January 2027	Alastair Donaghy - Our Local Places
FEBRUARY	17 th February 2027	Brain Training - Action Mental Health
MARCH	17 th March 2027	Alan Rosborough - History of St. Patrick